



Porous Materials:

This includes upholstered furniture made of pressed particle materials. Deciding whether or not to keep a contaminated item? Remember, when in doubt, throw it out. If an item has been wet for less than 48 hours, it may be able to be cleaned and disinfected with phenolic or pine-oil cleaner. It should then be completely dried and monitored for several days for any fungal growth and odors – if any mold develops, discard the item. Allow the wet area to dry completely (usually two to three days) before beginning to rebuild or replace the damaged items.

Materials You'll Need:

- Buckets and trash bags
- Scrub brush, sponges, and rags
- Gloves (latex, rubber) and mask (painter's or respirator)
- Broom, mop, and wet-dry shop vacuum
- Non-Ammonia soap or commercial cleaner (phenolic or pine-oil based)
- Disinfect with 1 1/2 cups of bleach per 1 gallon of water

Cleaning and Disinfecting:

Before you begin:

- Wear gloves and a mask; protect your eyes.
- Make sure the working area is well ventilated.
- If mold is present, clean a small test patch. If you feel your health is adversely affected, consider hiring a professional to do the work.
- Only apply disinfectants to already cleaned materials

Some General Cautions:

- Exercise caution in cleaning and disinfecting molds because they release mold spores when disturbed. Wear gloves and a mask.
- Never mix bleach with ammonia; doing so will create toxic fumes.
- When discarding items contaminated with mold, use extreme caution or hire a professional.

Stop the Water:

- Fix leaks in pipes and any damp areas around tubs and sinks so that biological pollutants don't have a growing environment.
- Rebuild or retrofit using water-resistant materials such as tile, stone, deep-sealed concrete, galvanized or stainless steel hardware, indoor/outdoor carpet, waterproof wallboard, water-resistant glues and so on.
- Prevent seepage of water from outdoors into your house. Rain water from gutters needs to drain away from the house. Ground around the house needs to slope away to keep the basement and crawl space dry.
- Cover dirt in crawl spaces with plastic to prevent moisture coming from the ground. Ventilate the area as much as possible.
- Keep it clean
- Clean fabrics often and store them in a well-ventilated area to keep them dry. Soiled fabric promotes mold growth.
- Consider having your air ducts cleaned if you suspect mold exists on the inside surfaces or if the duct insulation has been wet.
- Routinely check potential problem spots like the bathroom and laundry for moldy odors and disinfect as necessary with bleach (1 1/2 cups of bleach per 1 gallon of water).
- Keep it dry

Serious Health Problems From Mold Exposure

- **Respiratory problems– sneezing, asthma, attacks, etc**
- **Nasal and sinus congestion or dry, hacking cough**
- **Eye irritation– burning, watery, redness**
- **Nose or throat irritation–sneezing fits, bloody noses**
- **Skin irritations– rashes or hives**
- **Nervous system–headaches, memory loss mood changes**
- **Aches and pains**