

## OPPORTUNITIES TO VOLUNTEER

Volunteer participation is welcome in a number of programs and services, including:

- Home delivered meals
- Congregate meals
- Respite (sitters)
- Bargain Shoppe thrift store
- VRI medical alert system installation
- Seniors Health Insurance Information Program (SHIIP)
- Health and wellness programs
- Recreational and educational activities
- Fundraisers

Please contact the Williamston office or the Senior Center nearest you for more information.